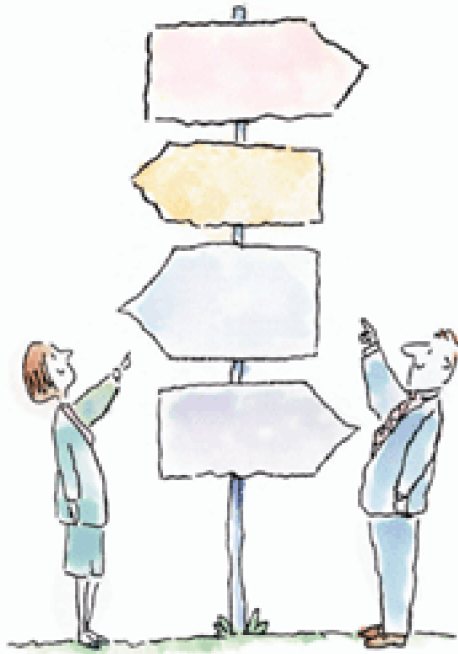


CHOOSING THE LIFE YOU WANT BY TAKING RESPONSIBILITY FOR THE LIFE YOU HAVE



We have major problems in the world today, not only worldwide but problems in our individual lives around the dynamics of relationships, including our spouses, our friends, our families, our business partners, as well as the relationships with things like finances and careers.

While we all engage in many forms of relationships on a daily basis, most people are operating within them with a very low level of awareness. The problem is they think this is the highest level of awareness that exists. To better understand this concept we first need to look at choice and how it relates to our current circumstances. When it comes to our choices, there is one thing you can go to the bank on and that is this: every time we make a choice, that choice must be followed by a consequence that can only reflect the quality and depth of the choice that was made prior to the experience of the consequence.

Most people are not aware that the reason why their life is the way it is today and everyday is because of them! It's not because of their ex-mate or ex-business partner, even though there are some that have convinced themselves that "he did it to me" or "she did it to me" or "they did it to me" and they are going to pay! But the reality is the only person

who is going to pay is you! This person who so-called "did it to you" could be off in Hawaii having a great time and could even be transforming their own lives into something better. Meanwhile, you're back here saying, "Oh, they're going to pay!" and the one who's really paying is you. Why? Because you are the one who's holding the negative energy! It was your choice! You chose at some point in your life to not only hold others in negative energy but to start accumulating more of its like! Why? Because you're going to be right, because you know it all, because you're smart and you have everything under control. Meanwhile, your life is reflecting back to you, you weren't as smart as you thought you were. Your life is reflecting back to you that something is way out of balance.

In our country we have more wealth that is available to us than any other country in the world and yet we have more people who are struggling financially, barely making it from paycheck to paycheck and don't even have \$5,000 in their bank account. These are people that have been working for 30 or 40 years, eight to five, five days a week like robots. They are doing the same thing everyday from early in the morning to late at night. They are on automatic, but they don't know they are on automatic! They are working the so-called dream by doing their eight or ten hours a day, five maybe six days a week and according to the statistics the average person at the age of 65 will end up dead broke! Why is that? Now some people might answer that question with "That's just the way life is, life has to be a struggle!" Yet, "life has to be a struggle" is nothing more than a thought form that they've turned into their own personal law. It's them believing that life has to be a struggle and because they are believing it within their heart of hearts, because they are believing it within their cellular structure of the way they think about themselves and the way they feel about themselves, that is what now manifests in their life. What better way for this to show up in someone's life than that of their finances.

It's time to start making better choices and one of the highest choices you can make for yourself is to take responsibility for your own life. Start choosing to let go of all this negative energy you have been

holding on to because the truth is, the more negative energy you have inside you, the more of a prison you will feel like you are in. There is no freedom in negativity. The more negativity you hold on to, the more you will feel like your life is stuck or you're living out the same old story over and over again.

So many people come across good opportunities but can't access them because the moment they start to go toward it, their fears are activated that haven't been cleared from within themselves and they end up making a choice to not go there. Or if they do choose to go there, they end up sabotaging it which becomes another choice. Perhaps their belief system or program is "I'm not good enough" or "others make me wrong". If this is a program that they have been running for a good portion of their life, then it's just a matter of time and someone will come into their life and do exactly what they have been believing deep inside and end up making them wrong or making them feel not good enough.

If this has happened to you, and if you haven't been paying attention, you're going to think that they really "did it to you". If you aren't willing to let that go, it's just a matter of time and you get to go for round number twelve. Someone else

will come in and do the very same thing that the last person just did, only every time somebody comes in and does the same thing, the energy or the experience becomes louder. The next experience or person may look different than the last but after the honeymoon is over and the negative experience reemerges, you realize, "Oh my gosh, I've just been sucked in again!" The reason you got sucked in again is because you haven't been paying attention to what's going on within you for the purpose of clearing that energy out from within your subconscious body.

Since you are always at choice, you can make it all about them one more time, or you can come to a point where you say, "I've had enough. I thought I knew what I was doing but it's pretty obvious I really don't. I'm tired of the pain, the confusion, the conflict, feeling like I'm constipated, not just physically, but financially and emotionally. I just can't imagine that this is what life is really all about. I need to start making some serious changes." Although this doesn't feel like a good place to be, it actually is the best place you could be, because now you are ready to really start making choices that will truly empower your life.